APRIL 2015 ENERGY UPGRADE PROTOCOL:

Step One

Sacred Geometric Light Emanation (SGLE):

'To Deconstruct and Destroy the Matrix of Resisting the Flow of Life, Divine Energy, & Our Authentic Nature"

9 Circle Light Planes (a Circle Light Plane is the thickness of a ray of light and as large as your body and energy field):



- 3 on a fixed axis at the level of your belly button, perpendicular to your spine, that is oriented with the front and back of your body,
- 3 on a fixed axis oriented with the top and bottom of your spine, and
- 3 on a fixed axis at the level of your belly button, perpendicular to your spine, that oriented with the left and right sides of your body

Note: The circle light planes will spin on their respective, fixed-axis in whatever way serves your greatest awakening and reorganization in alignment with your deepest intentions.

Descriptions of the Flames/Emanations for the Circle Light Planes: Front-Back Axis:

- 131. DIVINE COMPLETION (A) Shimmering Rose Pink.
 - Brings in the frequencies that will facilitate closure with particular patterns.
 - Suggest/marks a comprehensive and triumphant fulfillment of contracts, plans, intentions, learnings, etc.
 - Helps one work with ease in releasing old energies and become more comfortable with letting go of things that are 'done.'
 - Provides the frequencies needed to bring the issue(s) to fruition.
- 135. <u>DIVINE AUTHENTIC RE-PRODUCTION</u> (A) Iridescent, Metallic Salmon Pink & Avocado Green.
 - Aides in the reorganization of energetic patterning such that it is re-formed into the purest, most Essential and perfected structure possible given current energies available.

- Literally facilitates the re-producing of yourself or the energies being attended to in closer and closer approximations to the Divine Image.
- Helps to clear patterns that are not congruent with the Divine Image and invoke frequencies that will assist in the re-creation process underway.
- Helps you manage your energy and life to create more authentic manifestations as you remember more and more of who you are and why you are here.
- Fosters wisdom coming through and being translated/reproduced into its most authentic form in relationship to other souls' capacity to receive and/or understand great mentor for wisdom teachers, spiritual leaders and writers, healers, etc.
- Facilitates creation of sacred, unadulterated space that invites the soul(s) in before, during, and after the conception process promoting greater alignment with the Divine Image.
- Brings in energies needed to support and balance the reproductive system on physical and energetic levels.

142. IMMACULATE INTEGRITY AND INTEGRATION (A) Amber & White.

- Aides in the complete and pure harmonization and incorporation of the frequencies being offered in the SGLE.
- Brings in the energies that will allow for solid, holistic assimilation and utilization of the frequencies.
- Helps you to find your firm place of incorruptibility with regard to the issue(s) being attended to or in general strengthening the internal guidance system and Divine blueprint unfoldment.
- Indicates the issue(s) are in some way integral in assisting a greater state of overall balance.
- Increases your capacity to easily incorporate new and useful frequencies and quickly establish a new homeostasis on all levels of being, including cellular and molecular levels
- This promotes greater power to flow with all that Life brings, as you will be less inclined to get stuck with particular frequencies.
- Minimizes duplicity in thought or action.
- Strengthens the unification process that is common in all SGLE processes.

Top-Bottom Axis:

105. INFINITELY STRONG BACK-BONE (A) Metallic Black and White Spectrum.

- Strengthens your unique alignment with spirit and earth so that you may walk in the world from your place of Divine empowerment.
- Helps you to maintain your balance regardless of what is occurring around you.
- Sets up a field that unwinds twisted or torqued energy patterns and strengthens alignment.

134. DIVINE REUNION* (A) Very Pale Sliver Blue (Ocean after sunset).

- Assists with reconnection and realignment between various aspects of the Self, both within you and without.
- Reworks energetic patterns into alignment/union with their Divine Blueprint.
- Supports healthy re-connection between beings that have been estranged whether the re-connection happens in the realms of form or simply in the unseen realms.

143. IMMACULATE FLOW (A) Milky Light Blue & White.

Promotes fluidity and flexibility to allow you to meld and move with the energies that are supportive of your intention(s).

- Sets up clear markers when something is not in alignment with your intentions so that the lack of flow will signal you things are 'off.'
- Invokes great teachers in all forms about what it means to float, Trust, be moved by Spirit, etc.
- Indicates the need for greater surrender this is the SURRENDER Flame suggests that if you are fighting or pushing, something is not in alignment.
- Promotes stopping, letting go, and permission.

Left-Right Axis:

5. <u>ULTIMATE REDEEMER</u> (M & F) Metallic Black, Gold & Silver.

- Signifies that you and/or the energies being attended to are essential in creating freedom from distressing, detrimental qualities of the pattern (for you, others, the collective) in essence, the energies hold within them the redemption that can create more freedom for you and others, if so allowed.
- Reminds you of your Divine role in reforming the energies being attended to and encourages acceptance of this role and the resultant power to make an expansive impact.
- Spirals you into awareness of the collective aspect(s) regarding the energies with which you are playing.
- Helps you set yourself and others free from patterns of blame or debt/owing.
- Assists in bringing forth the value and/or lessons in trying circumstances/energies to support fulfillment and transformation.
- Directly encourages Mastery in Form.

44. INFINITE KNOWLEDGE & BRILLIANCE (M) Sunset.

- ② Aligns one with the Infinite and restores/strengthens your emanation of this brilliance.
- Calls forth Divine wisdom to bear upon matters being attended to.
- Often leads to sparks of brilliant knowledge that support your intentions.
- Facilitates awareness of unlimited possibilities regarding ways/paths for creation and/or attending to problems.
- Leads to cognitive flexibility and expansion.

83. <u>ULTIMATE GRACE AND HARMONY</u> (M & F) Iridescent, Shimmering White & Hot Pink.

- 10 Helps you to walk gracefully and in balance with all things and events surrounding the issue or in general.
- The brings in the highest frequencies of Grace available to support your mastery.
- Strengthens your connection to the Universal Energy that runs between and connects all things and events, and therefore, broadens the scope of understanding.
- 3 Awakens a deeply profound understanding of time, space, and energy for the initiate on a soul path of Grace.
- Opens you to perceive/receive the Grace (spontaneous Divine assistance) and Harmony (tranquility and pleasing alignment) that is always occurring.
- Establishes the perfect permutation of maintaining your unique vibration while harmonizing with and receiving wisdom from the energies around you.
- Activates teachings about how being a source of grace and living in harmony with all means finding your optimally empowered balance and concordance, as opposed to simply matching the energy around you.

- Supports you in maintaining your consciousness expansion in the path of Grace and Harmony even of others around you are not choosing to vibrate with this frequency.
- Beminds you that Ultimate Grace and Harmony may require 'making waves' that will ultimately allow for delightful synchronization of frequencies.

Step Two:

Sea Salt & Baking Soda Auric-Cleanser Bath:

This Step should be done within 48 hours of Step 1...

- 2 cups each of Baking Soda & Non-Iodized Sea Salt
- · Hot Water as hot as you can stand
- Soak for 20 minutes only
- 30 minutes sun-bath or nap afterward to rejuvenate your energy
- Any time after this energy rejuventation you can do Step 3...

Step Three: SGLE:

"Fully Incorporating the Matrix of Saying Yes to Life, Divine Energy, & Your Authentic Nature"

Southern Cross Ellipse (a 3-D Ellipse is a sphere elongated over a line, like a blimp...in this case large enough to encompass your entire body and energy field):



- 2 Ellipses on fixed axis oriented with the top and bottom of your spine, and
- 2 Ellipses on a fixed axis at the level of your belly button, perpendicular to your spine, that oriented with the left and right sides of your body
- The two sets of Ellipses form a Southern Cross (like a plus sign)

Note: The 3-D Ellipses will spin on their respective, fixed-axis in whatever way serves your greatest awakening and reorganization in alignment with your deepest intentions.

Descriptions of the Flames/Emanations for the Southern Cross Ellipse:

Top-Bottom Axis:

57. <u>INFINITE VISION</u> (A) Iridescent Crystal Clear.

- Helps to clear the 'fog' surrounding the issue at hand so that you can see more easily what is occurring at the level of soul and on all other levels.
- Reminds you of and aligns you with your unending nature to help create expanded 'vision' about finite matters creates perspective by broadening the frame (the Eagle-eye view).
- Expands your willingness and capacity to 'see' the fullness of what is occurring on deeper and grander levels.
- Promotes the ability to see things from others' perspective(s) and from other sides/angles/dimensions than your initially limited 3-D view.

87. COSMIC GRADUATION (M & F) Dark Blue w/ Bright teal/turquoise.

- Marks a completion that spans beyond the scope of Earth and therefore has far reaching implications.
- Signifies the vastness, intensity or comprehensive nature of the issue(s) at hand.
- 13 Brings in the energy of inter-galactic celebration and celestial rejoicing,
- Helps you to understand the scope of that with which you are working.
- Promotes completion where it is warranted.

Left-Right Axis:

22. <u>DIVINE MOTHER TENDERNESS</u> (F) All Shades of Pink (Shimmering).

- Increases consideration and regard for your mother, mother figures, the Earth Mother, and Sacred Feminine energies where hyper-patriarchal patterns have truncated the appreciation and value of these energies.
- Augments receptivity to the support of divinely aligned Mother frequencies.
- Brings in tender, loving, and supportive frequencies to encourage this approach to yourself, others, and/or the issue/intention.
- Realigns you with the importance of tender nurturance and support versus harsh driving and pushing.
- Expands understanding of how gentle, warm, supportive environments/energies encourage heart-openings and deep relaxations of ego/personality that allow Spirit to blossom and promote experiences of profound contact and connection.
- Helps restructure thoughts about how best to 'accomplish' things where mis-aligned, patriarchal patterns have led to imbalanced, externally-focused frenzy, driving, and/or over-working.

133. COMPLETE CHRIST CONSCIOUSNESS (A) Vibrant Metallic Green & Metallic Gold.

- Brings in the fullness of the Christ energies that were introduced ages ago (this is the complete frequency pattern of the Office of the Christ, not simply those typically associated with the being commonly called Jesus Christ). Office of Christ energies include things such as: moving from polarity into wholeness, experiencing heaven on earth (as above, so below manifesting soul within our material form), embodying compassion and wisdom, having/generating synchronicity and miraculous experiences, etc.
- Indicates that the energies you are working with are part of the matrix of complete Christ consciousness.
- Invokes healing and balancing, especially of heart center related energetic patterning.

Step Four: SGLE:

"Cleansing & Upgrading the Chakras/Platforms for Creation – Centropy Light Amplification"

Coming Soon! Make sure to fill out the form at the bottom of this webpage to be informed when it is ready!!